



# Discover our new menu with great dishes to fuel up and get active

## Week 1

W/C: 17.04.23 / 08.05.23 / 05.06.23 / 26.06.23 / 17.07.23 / 18.09.23 / 09.10.23

### OPTION 1

Monday  
Hot Dog 🌭

Tuesday  
Chicken Curry 🍛

Wednesday  
Roast Beef with  
Yorkshire Pudding 🍷 🍷 & Gravy

Thursday  
Scone Dough Cheese & Tomato  
Pizza 🍕

Friday  
Breaded Fish Fillet 🐟

### OPTION 2

Monday  
Veggie Hot Dog 🌭

Tuesday  
Vegetable Curry 🍛

Wednesday  
Veggie Toad in the Hole 🍷 🍷

Thursday  
Veggie Tacos 🌮

Friday  
Quorn Dippers 🍷

### PASTA OPTION

Monday  
Italian Pasta Bowl 🍷 🍷

Tuesday  
Neapolitan Pasta Bowl 🍷 🍷

Wednesday  
Popeye Pasta Bowl 🍷 🍷

Thursday  
Macaroni Cheese 🍷 🍷

Friday  
Tomato Ragu Pasta Bowl 🍷 🍷

### DESSERT

Monday  
Cookie 🍪

Tuesday  
Chocolate Cracknel 🍪

Wednesday  
Fresh Fruit with Bitesize Flapjack 🍌

Thursday  
Ice Cream 🍦 with  
Peaches 🍑

Friday  
Chocolate Orange  
Muffin 🍌

## Week 2

W/C: 24.04.23 / \*15.05.23 / 12.06.23 / 03.07.23 / 04.09.23 / 25.09.23 / 16.10.23

### OPTION 1

Monday  
Veggie Sausage Roll 🌭

Tuesday  
Sweet Chilli Chicken 🍛

Wednesday  
Roast Pork with  
Stuffing 🍷 & Gravy

Thursday  
Organic Beef Meatballs 🍷  
in a Tomato sauce

Friday  
Salmon Fishcake 🐟

### OPTION 2

Monday  
Savoury Mince 🍷

Tuesday  
Sticky Noodles 🍷

Wednesday  
Cheese & Broccoli Bake 🍷

Thursday  
Vegan Meatballs  
in Homemade  
Tomato Sauce 🍷

Friday  
Brunch Pattie 🍷

### PASTA OPTION

Monday  
Neapolitan Pasta Bowl 🍷

Tuesday  
Tomato Ragu Pasta Bowl 🍷

Wednesday  
Italian Pasta Bowl 🍷

Thursday  
Popeye Pasta Bowl 🍷

Friday  
Macaroni Cheese 🍷

### DESSERT

Monday  
Chocolate Cookie 🍪

Tuesday  
Berry Muffin 🍌

Wednesday  
Strawberry Mousse 🍷

Thursday  
Fresh Fruit with Bitesize  
Cereal Bar 🍌

Friday  
Fruit Crumble  
& Custard 🍌

## Week 3

W/C: \*01.05.23 / 22.05.23 / \*19.06.23 / \*10.07.23 / 11.09.23 / \*02.10.23

### OPTION 1

Monday  
Organic Beef Burger 🍷  
in a Bun

Tuesday  
Margherita Pizza 🍕

Wednesday  
Roast Gammon with Gravy

Thursday  
Cowboy Mince

Friday  
Fish Fingers 🐟

### OPTION 2

Monday  
Veggie Burger 🍷  
in a Bun

Tuesday  
Vegan Chilli with Rice 🍷

Wednesday  
Roast Quorn Fillet 🍷  
with Gravy

Thursday  
Cheesy Bean Enchilada 🍷

Friday  
Vegetable Fingers 🍷

### PASTA OPTION

Monday  
Popeye Pasta Bowl 🍷

Tuesday  
Italian Pasta Bowl 🍷

Wednesday  
Macaroni Cheese 🍷

Thursday  
Neapolitan Pasta Bowl 🍷

Friday  
Tomato Ragu  
Pasta Bowl 🍷

### DESSERT

Monday  
Shortbread Slice 🍪

Tuesday  
Fresh Fruit with Bitesize Lemon  
Cake 🍌

Wednesday  
Fruit Jelly 🍌

Thursday  
Chocolate Crunch 🍌

Friday  
Rhubarb Cake 🍌

Side dishes (potatoes, rice etc), bread & seasonal vegetables or salad served with every meal  
Daily – yoghurt & fresh fruit • All desserts are suitable for vegetarians  
Seafood with this mark comes from an MSC certified sustainable fishery. [www.msc.org](http://www.msc.org)

#### ALLERGY ICONS



MSC-C-50544  
MSC-C-53038



\* Theme Day weeks