WEEK 3 AUTUMN/WINTER 3035/36 MAIN MENU ALLERGENS (v1)

WEEK 3 MONDAY						Lupin Flour	Milk		MUSTARD			SISAM		Baar
M/C May Contain	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork Sausage		√											√	√
Bacon														
Veggie Sausage		✓												
Omelette				✓			√							
Hash Browns														
Baked Beans														
Mushrooms														
Thumbprints Biscuits		√		√									M/C	
Banana Loaf		✓		√									M/C	
Rice Pudding							√						M/C	

WEEK 3 TUESDAY					A.	Lupin Flour	Milk		MUSTARD			SISAME		Beer
M/C May Contain	Celery	Cereals containin g gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pulled pork taco	M/C			M/C			M/C		M/C				M/C	
Veggie Taco							√						√	
Spicy Rice														
Corn on the														
Snickerdoodle Cookies		√					√						M/C	√
Chocolate & Beetroot Brownie		√		√									M/C	
Honey Cake		✓		✓									M/C	
Custard							√							

WEEK 3 WEDNESDAY					D.	Lupin Flour	Milk		MUSTARD			Hum		Beer WNE
M/C May Contain	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast of the Day														
Quorn Fillet		✓												
Mashed Potatoes							√							
Gravy														
Seasonal Vegetables														
Gingerbread Cookie		√											M/C	
Apricot Flapjack		✓											M/C	
Chocolate Pear Cake		✓		√									M/C	
Chocolate Custard							√							

WEEK 3 THURSDAY					D.	Lupin	Milk		MUSTARD			SEAMOR		WNE
M/C May Contain	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Goujons		√												
Quorn Dippers		√												
Katsu Sauce	M/C	✓		M/C			√ In garnish		M/C				√	
Rice														
Seasonal Vegetables														
Lemon Crunch Cookie		√											M/C	
Berry Shortbread Sandwich		✓		√			√						M/C	
Apple Pie		√		√									M/C	
Custard							√							

WEEK 3 FRIDAY					D°	Lupin Flour	Milk		MUSTARD			SISAMO		WNE Seer WNE
M/C May Contain	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Battered Fish		✓			✓									
Loaded Fries		Crispy onions		√ Mayonnaise			√		√ Mayonnaise					
Burger Fries		Crispy onions		J Burger sauce			✓							
Chips														
Peas														
Baked Beans														
Shortbread		√											M/C	
Chocolate Orange Muffin		✓		√									M/C	
Jam Roly Poly		✓		√			√						M/C	
Custard							√							