

Your menu

Week 2

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Monday	Tuesday	Wednesday	Thursday	Friday
Chilli baked egg with a tortilla V (Eggs baked in spicy tomato sauce) Buttered toast Ve Bacon cob Buttered bagel Ve Pizza crumpet V	Bacon with cream cheese bagel Buttered toast Ve Sausage cob Buttered crumpet Ve Pizza slice V	Brunch muffin V (Quorn sausage pattie & poached egg in a muffin) Buttered toast Ve Bacon cob Buttered teacake Ve Pitta pizza V	Cheese and bean toastie V Buttered toast Ve Bacon cob Buttered bagel Ve Pizza wrap V	Curry folded naan Buttered toast Ve Bacon cob Croissant Ve Pizza slice V

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Monday	Tuesday	Wednesday	Thursday	Friday
Paninis Cheese panini V Cheese & ham panini Tikka chicken wrap or panini Jacket potato With a selection of fillings & toppings Pasta pot Marinara pasta bowl Ve Sub Meatball sub	Paninis Cheese panini V Cheese & ham panini Sweet chilli chicken wrap or panini Jacket potato With a selection of fillings & toppings Pasta pot Americana pasta bowl Ve Burrito Roasted Veg Burrito V	Paninis Cheese panini V Cheese & ham panini Piri piri chicken wrap or panini Jacket potato With a selection of fillings & toppings Pasta pot Creamy tomato and spinach pasta bowl Ve Cob Roast of the day	Paninis Cheese panini V Cheese & ham panini Mediterranean chicken wrap or panini Jacket potato With a selection of fillings & toppings Pasta pot Pomodoro pasta bowl Ve Other Quesadilla	Paninis Cheese panini V Cheese & ham panini BBQ chicken wrap or panini Jacket potato With a selection of fillings & toppings Pasta pot Macaroni cheese bowl Ve Sandwich Fish finger sandwich

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Big breakfast or Vegan breakfast Ve Served with hash browns, baked tomatoes, and baked beans Apricot oat cookie Chocolate brownie Sticky apple sponge	Spaghetti bolognaise Beef or Vegan Ve Served with homemade garlic bread and fresh salad. Lemon shortbread slice Chocolate cracknel Fruity yoghurt crunch	Roast beef with Yorkshire pudding and gravy or Baked egg, spinach, and cheddar tart V Served with creamed potatoes, seasonal vegetables Cherry & coconut cookie Berry muffin Syrup sponge	Chicken Korma or Cauliflower and green bean Korma V Served with rice, seasonal vegetables, and naan Cookie Cornflake bar Chocolate pear cake	Battered fish or Macaroni cheese V Served with chips, peas, and baked beans Chocolate cookie Flapjack Lemon sponge
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All main and Grab & Go menu options are part of the meal deal

Fresh fruit & yoghurt available daily

Ve = Vegan

V = Vegetarian