

Your menu

Week 3

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Monday

Tuesday

Wednesday

Thursday

Friday

Chilli baked egg with a tortilla V

(Eggs baked in spicy tomato sauce)

Buttered toast **Ve**

Bacon cob

Buttered bagel **Ve**

Pizza crumpet **V**

Bacon with cream cheese bagel

Buttered toast **Ve**

Sausage cob

Buttered crumpet **Ve**

Pizza slice **V**

Brunch muffin V
(Quorn sausage pattie & poached egg in a muffin)

Buttered toast **Ve**

Bacon cob

Buttered teacake **Ve**

Pitta pizza **V**

Cheese and bean toastie V

Buttered toast **Ve**

Bacon cob

Buttered bagel **Ve**

Pizza wrap **V**

Curry folded naan

Buttered toast **Ve**

Bacon cob

Croissant **Ve**

Pizza slice **V**

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Paninis

Cheese panini **V**

Cheese & ham panini

Tikka chicken wrap or panini

Jacket potato

With a selection of fillings & toppings

Pasta pot

Marinara pasta bowl **Ve**

Sub

Meatball sub

Paninis

Cheese panini **V**

Cheese & ham panini

Sweet chilli chicken wrap or panini

Jacket potato

With a selection of fillings & toppings

Pasta pot

Americana pasta bowl **Ve**

Burrito

Roasted Veg Burrito **V**

Paninis

Cheese panini **V**

Cheese & ham panini

Piri piri chicken wrap or panini

Jacket potato

With a selection of fillings & toppings

Pasta pot

Creamy tomato and spinach pasta bowl **Ve**

Cob

Roast of the day

Paninis

Cheese panini **V**

Cheese & ham panini

Mediterranean chicken wrap or panini

Jacket potato

With a selection of fillings & toppings

Pasta pot

Pomodoro pasta bowl **Ve**

Other

Quesadilla

Paninis

Cheese panini **V**

Cheese & ham panini

BBQ chicken wrap or panini

Jacket potato

With a selection of fillings & toppings

Pasta pot

Macaroni cheese bowl **Ve**

Sandwich

Fish finger sandwich

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Organic beef burger
or

Vegetable burger V

Served in a bun with mini herb potatoes, baked beans, and coleslaw

Cookie

Carrot cake muffin

Apple & cinnamon crumble

Chilli beef tacos
or

Vegetarian tacos Ve

Served with spicy rice and zingy slaw.

Chocolate orange cookie

Apple flapjack

Strawberry sponge

Roast turkey with stuffing
or

Vegan cottage pie Ve

Served with creamed potatoes, seasonal vegetables, and gravy

Raisin oat cookie

Chocolate cracknel

Jam shortbread sandwich

Katsu chicken
or

Katsu Quorn Ve

Served with rice, seasonal vegetables, and naan

Shortbread slice

Banana muffin

Sticky chocolate sponge

Battered fish
or

Vegan sausage roll Ve

Served with chips, peas, and baked beans

Cherry cookie

Chocolate brownie

Peaches with ice cream

All main and Grab & Go menu options are part of the meal deal

Fresh fruit & yoghurt available daily

Ve = Vegan

V = Vegetarian

For information regarding allergens please speak with the school.

